



WELCOME TO  
MELBOURNE  
AUSTRALIA

# The Second International Conference of Neuropsychotherapy

*From Neuroscience Research to Applied Practice*

Catholic Leadership Conference Centre  
576 Victoria Parade, East Melbourne

Conference Dates: 23 – 25 May 2018

Pre-Conference Workshops: 22 May 2018

## DAILY PROGRAM

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Hosted and Organised by:



Endorsed by:



# Second International Conference of Neuropsychotherapy

*From Neuroscience Research to Applied Practice*

## DAILY PROGRAM

VENUE: Catholic Leadership Conference Centre (CLC), 576 Victoria Parade, East-Melbourne.

### 22 May 2018 - PRE-CONFERENCE WORKSHOPS

#### Pre-Conference Workshop ONE - 09.00 - 12.30

Presenter: Dr Roger Mysliwicz

#### **Neuroscience of Bulimia Nervosa and Binge Eating Disorder: Implications for Treatment Strategies**

08.30 - 09.00	Arrival and Registration
09.00 - 10.30	Eating Disorder Workshop - Session 1 of 2
10.30 - 11.00	<i>Morning Tea Break</i>
11.00 - 12.30	Eating Disorder Workshop - Session 2 of 2

#### Pre-Conference Workshop TWO - 13.30 - 17.00

Presenters: Jurie Rossouw and Davinia Glendenning

#### **Wellness and Capacity Development. The Neuroscience of Resilience**

13.00 - 13.30	Arrival and Registration
13.30 - 15.00	Resilience Workshop - Session 1 of 2
15.00 - 15.30	<i>Afternoon Tea Break</i>
15.30 - 17.00	Resilience Workshop - Session 2 of 2

# 23 May 2018 - Conference - Day ONE

<b>Location</b>	<b>Celtic Hall Foyer</b>
08.00 - 09.00	Registration and Arrival Coffee and Tea

<b>Location</b>	<b>Celtic Hall</b>
09.00 - 09.10	<b>Welcome and Opening of Conference</b> <i>Conference Master of Ceremonies - Rita Princi</i>
09.10 - 09.20	<b>Welcome to Country by Traditional Owners of the Land</b> <i>Representative from Wurundjeri Land Council - Aboriginal Corporation</i>
09.20 - 09.35	<b>Welcome Message from the City of Melbourne</b> <i>Councillor Philip Le Liu</i> <i>Portfolio Chair - International Engagement; Deputy Portfolio Chair - Prosperous City</i>
09.35 - 10.35	<b>CONFERENCE OPENING STATE OF THE ART KEYNOTE</b>  <b>Dr Roger Mysliwiec</b>  <b>Integration of Mind and Body in the Practice of Neuropsychotherapy</b>

10.35 - 11.00 Morning Tea Break

<b>Location</b>	<b>Seminar Room 3</b>	<b>Seminar Room 4</b>	<b>Seminar Room 8</b>	<b>Seminar Room 9</b>
	<i>Session Chair:</i> <i>Jonathan Wills</i>	<i>Session Chair:</i> <i>Karen Ellis</i>	<i>Session Chair:</i> <i>Davinia Glendenning</i>	<i>Session Chair:</i> <i>Catherine Devine</i>
11.00 - 11.30	<b>Eve Dyer</b> Unmask the Faces of Anger and Empower yourself	<b>Dr Johann Eloff</b> The neuroscience of spirituality	<b>Ellana Iverach</b> Enhancing wellness with a subclinical population	<b>Mary Bowles</b> The Space Between Us: Forging Neuro-psychotherapeutic Relationships
11.40 - 12.10	<b>Fiona Stevens</b> Workplace harassment. Neuropsych-therapeutic guidelines to facilitate change when working with a bully.	<b>Bernii Godwin and Julie Kelly</b> An Experience of Studying Neuropsychotherapy at a Tertiary Institution	<b>Anna Croce and Lyn Thiele</b> A neuroscience perspective on leading organisations in a disruptive business environment	<b>George Dieter</b> Boundaries in relationships

SESSION CONTINUES - please page over

<i>Location</i>	<b>Seminar Room 3</b>	<b>Seminar Room 4</b>	<b>Seminar Room 8</b>	<b>Seminar Room 9</b>
	<i>Session Chair:</i> <i>Jonathan Wills</i>	<i>Session Chair:</i> <i>Karen Ellis</i>	<i>Session Chair:</i> <i>Davinia Glendenning</i>	<i>Session Chair:</i> <i>Catherine Devine</i>
12.20 - 12.50	<b>Richard Wall</b> Counselling Double Vision: Helping Rewire a Client's Brain	<b>Tania Blomfield</b> Holding Hope	<b>Karen Marsh</b> Calming the Angry Brain: a resource for working with perpetrators of abuse	<b>Dr Lyn Gardon</b> The classroom as enriched environment. Exploring the principles and applications of the neuroscience of safety and thriving for educators.


12.50 - 13.45

LUNCH

<i>Location</i>	<b>Seminar Room 3</b>	<b>Seminar Room 4</b>	<b>Seminar Room 8</b>	<b>Seminar Room 9</b>
	<i>Session Chair:</i> <i>Jonathan Wills</i>	<i>Session Chair:</i> <i>Peter Kyriakoulis</i>	<i>Session Chair:</i> <i>Thedy Veliz</i>	<i>Session Chair:</i> <i>Jenny Venter</i>
13.45 - 15.15	<b>Karen Ferry</b> Putting Theory into Practice: Practical Neuropsychotherapy Approaches to Support Clients, Enriching Connections and Promoting Wellness	<b>Dr Tim Moore</b> Factors affecting development during the first 1000 days – evidence and long-term implications	<b>Joseph Riordan</b> Toddler Trauma: Somatic Experiencing, Polyvagal theory and Attachment	<b>Janet Lowndes</b> The Body in Therapy. A Neuro- Psychotherapeutic Understanding of Interoception and Embodied Mindfulness

15.15 - 15.30

Afternoon Tea Break

<i>Location</i>	<b>Seminar Room 3</b>	<b>Seminar Room 4</b>	<b>Seminar Room 8</b>	
	<i>Session Chair:</i> <i>Jonathan Wills</i>	<i>Session Chair:</i> <i>Peter Kyriakoulis</i>	<i>Session Chair:</i> <i>Thedy Veliz</i>	
15.30 - 17.00	<b>Dr Carol Moylan and Loretta Parsley</b> The Partnership of Two Minds: Walking with Walbunja's First Peoples of the South East coast of New South Wales, Australia	<b>Peter Janetzki</b> Integrated Process- Based Framework: A Neuropsychotherapy Approach with Couples	<b>Pieter Rossouw Jr</b> Exposure Therapy with Virtual Reality – Changing the Brain with Immersive Technology	

## 24 May 2018 - Conference - Day TWO

<b>Location</b>	<b>Celtic Hall Foyer</b>
08.00 - 09.00	Early Morning Coffee and Tea

<b>Location</b>	<b>Celtic Hall</b> <i>Session Chair - Rita Princi</i>
09.00 - 10.00	<b>STATE OF THE ART KEYNOTE</b> <b>Thedy Veliz</b>  <b>The Parent Neuropsychotherapy Protocol: A Relational and Developmental Approach to Working with Youth and Their Families</b>

<b>Location</b>	<b>Seminar Room 3</b> <i>Session Chair:</i> <i>Karen Ferry</i>	<b>Seminar Room 4</b> <i>Session Chair:</i> <i>Ellana Iverach</i>	<b>Seminar Room 8</b> <i>Session Chair</i> <i>Mary Bowles</i>	<b>Seminar Room 9</b> <i>Session Chair:</i> <i>Jonathan Wills</i>
10.10 - 10.40	<b>Dr Roby Abeles</b> Brainspotting™ (BSP) – A 21st century brain-based, body-inclusive, highly attuned, trauma resolution therapy	<b>Jeremy Samson</b> Neuropsychotherapy & High Functioning Autism / Asperger's Syndrome	<b>Janine Gent</b> Neuropsychotherapy and Equine Facilitated Psychotherapy	<b>Karen Amos</b> Walk and Talk Australia - taking therapy off the couch

10.40 - 11.00 **Morning Tea Break**

<b>Location</b>	<b>Seminar Room 3</b> <i>Session Chair:</i> <i>Karen Ferry</i>	<b>Seminar Room 4</b> <i>Session Chair:</i> <i>Ellana Iverach</i>	<b>Seminar Room 8</b> <i>Session Chair</i> <i>Mary Bowles</i>	<b>Seminar Room 9</b> <i>Session Chair:</i> <i>Jonathan Wills</i>
11.00 - 12.30	<b>Paul Potgieter</b> A Brain based conflict resolution model	<b>Dr Carol Newnham</b> Attachment theory, infant mental health and emotional intelligence	<b>Catherine Devine</b> The Neuroscience of Intimate Relationships- Looking through the Gottman Lens!	<b>Dr David Collins</b> Social neuroscience and the developing brain: Applications for working with children and adolescents

12.40 - 13.40	<b>Celtic Hall</b> <i>Session Chair - Rita Princi</i>
	<b>STATE OF THE ART KEYNOTE</b> <b>Daren Wilson</b>  <b>Structured Image Framework Theory (SIFT): A brain based therapeutic technique to explain the traumatic experience</b>

13.40 - 14.15 **LUNCH**

*Afternoon Sessions start 14.15 - please page over*

13.40 - 14.15

LUNCH

<i>Location</i>	<b>Seminar Room 3</b>	<b>Seminar Room 4</b>	<b>Seminar Room 8</b>	<b>Seminar Room 9</b>
	<i>Session Chair: Jacqui Moulton</i>	<i>Session Chair: Ellana Iverach</i>	<i>Session Chair Mary Bowles</i>	<i>Session Chair: Davinia Glendenning</i>
14.15 - 15.45	<b>Prof Dirk Geldenhuys</b>  Organizational neuroscience in practice: Experiencing, validating and refining a group based intervention.	<b>Christopher Pearson</b>  Brain-based Therapy for Misophonia: There's more to this than you might have heard!	<b>Dr Jorgen Herlofson</b>  Clinical aspects of a person-centered brain-based approach to mental health	<b>Rita Princi and Margot McDougall</b>  Neuroscience and Education: Introducing the Brain Smart 4 Learning Program

15.45 - 16.00

Afternoon Tea Break


16.00 - 17.30	<b>Celtic Hall</b> <i>Session Chair - Jonathan Wills</i>
<p><b>Annual General Meeting</b></p> <p><b>International Association of Neuropsychotherapy (IACN)</b></p>	

17.30 - 18.30	<b>Simmons Hall</b>
<p><b>Free Social Event</b></p> <p><b>Opportunity for Social Liaising - with Nibbles and a Welcome Bubbly drink</b></p> <p><i>Everyone welcome - Fruit juice also available</i></p>	

# 25 May 2018 - Conference - Day THREE

<b>Location</b>	<b>Celtic Hall Foyer</b>
08.00 - 09.00	Early Morning Coffee and Tea

<b>Location</b>	<b>Celtic Hall</b> <i>Session Chair - Rita Princi</i>		
09.00 - 09.45	<b>STATE OF THE ART KEYNOTE</b> <b>Dr David Collins</b>  <b>Brain based approaches to working with children and adolescents</b>		

<b>Location</b>	<b>Seminar Room 3</b>	<b>Seminar Room 4</b>	<b>Seminar Room 8</b>	<b>Seminar Room 9</b>
	<i>Session Chair:</i> <i>Jacqui Moulton</i>	<i>Session Chair:</i> <i>Catherine Devine</i>	<i>Session Chair:</i> <i>Paul Potgieter</i>	
09.55 - 10.25	<b>Dr Lyle Whan</b> Neuroscience and Learning – Helping Students Learn: Motivation, Music and a Touch of Magic	<b>Peter Kyriakoulis</b> The implications of the diving response in reducing panic symptoms and cognitions.	<b>Karen Ellis</b> A Country Practice: Forensics, Neuropsychology, and the Challenges of Working in a Rural Area.	

10.25 - 10.45      Morning Tea Break



<b>Location</b>	<b>Seminar Room 3</b>	<b>Seminar Room 4</b>	<b>Seminar Room 8</b>	<b>Seminar Room 9</b>
	<i>Session Chair:</i> <i>Jacqui Moulton</i>	<i>Session Chair:</i> <i>Catherine Devine</i>	<i>Session Chair:</i> <i>Paul Potgieter</i>	<i>Session Chair:</i> <i>Prof Dirk Geldenhuys</i>
10.45 - 12.15	<b>Daren Wilson</b> Structured Image Framework Theory (SIFT): To learn how to use this newly developed brain based therapeutic technique within a group setting and individual therapy session to explain trauma	<b>Prof Vijoleta Braach-Maksvytis</b> Yoga: the Neuroscience of Integration. Touching the mind through the body	<b>Jan Sky</b> Mapping the Social Landscape of the Brain	<b>Mary Bowles</b> Clinical Applications Toward Rapid Memory Reconsolidation
12.25 - 13h55	<b>Thedy Veliz</b> The Parent Neuropsychotherapy Protocol in Action: A Practical Interactive Skills-Based Mini-Workshop on Working With Youth Through Their Families	<b>Ellana Iverach</b> Being a Brain Wise Presenter: Unpacking the neuroscience to group presentations	<b>Jenny Venter</b> Applying neuroscience principles: Facilitating structures of belonging (connection) in compromised environments as a foundation for positive transformation.	<b>Michael McIntosh</b> The NeuroSmart® Organisation – How the principles of neuropsychotherapy are redefining best practice for leadership, management and organisational development

13.55 - 14.15      LUNCH

*Afternoon Sessions start 14.15 - please page over*

13.55 - 14.15

LUNCH

<b>Location</b>	<b>Seminar Room 3</b>	<b>Seminar Room 4</b>	<b>Seminar Room 8</b>	  <p><i>We sincerely hope you enjoyed this year's Conference. See you next year at the <b>THIRD INTERNATIONAL CONFERENCE OF NEUROPSYCHOTHERAPY</b> May 2019 - SYDNEY</i></p>
	<i>Session Chair:</i> <i>Jacqui Moulton</i>	<i>Session Chair:</i> <i>Karen Ferry</i>	<i>Session Chair:</i> <i>Karen Ellis</i>	
14.15 - 15.45	<b>Jurie Rossouw and Davinia Glendenning</b> The Predictive 6 Factor Resilience Scale: A Neuroscience-based Tool to Assess and Develop Capacity	<b>Barry Karlsson</b> Emotional contagion, neuropsychology and intellectual disabilities	<b>Monika Knausenberger</b> Working toward a turnaround: breaking the vicious cycle of inter-generational trauma	

15.45 - 16.00

Afternoon Tea Break

<b>Location</b>	<b>Celtic Hall</b>
16.00 - 17.00	<p><b>CONFERENCE CLOSING STATE OF THE ART KEYNOTE</b></p> <p><b>Rita Princi</b></p> <p><b>The Intentional and Diverse Application of Neuropsychotherapy</b></p>